

\*---A macro to INSERT a duplicate of the row above  
\*---Use the /Range Name Label Right {End} {Down} <ENTER> to define the  
range names in this column (starts with the \Z macro name)  
\*---Place the cell pointer under the row to be duplicate  
\*---Hold the <ALT> key and press <Z> to activate the macro  
!  
!  
!  
!  
\Z {BREAKON}  
ROWPUSH {windowsoff} {paneloff}  
! /wir~{end} {left}  
! {up}/c. {down} {end} {right} {up}~{down}~